



¡Ecoturismo de Verdad!



TOUR DESCRIPTION ENGLISH

Safari By Canoe



This relaxing nature tour begins with a brief instruction in paddling by our experienced guide to ensure your safety and comfort. Floating downriver by canoe you will enjoy both the slow pace of the river and the peace of the surrounding rainforest. The brilliant green waters, the numerous brightly coloured birds and a delicious, freshly prepared "river lunch" on an inviting riverbank makes this an unforgettable trip.

Departure at: 8:00 a.m. and 1:30 p.m.

Return at: 1:00 p.m. and 5:30 p.m.

Included: Transportation, naturalist guide, equipment, river lunch for the morning tour or fruits in the afternoon tour.

What to bring: Swimsuit, light clothing/shorts, tennis shoes or trekking sandals, sunscreen, a hat, water, binoculars and/or camera.

Unique Caño Negro



The wildlife reserve Caño Negro is one of the most important reserves for incredible bird watching and observation of wildlife in Costa Rica. Caño Negro is also home for many sloths, monkeys, caimans, bats as well as numerous tropical plants.

After a welcome drink and a snack, we slowly and silently cruise to this exceptional national refuge in our comfortable boat where you can enjoy the beautiful flora and fauna.

Upon return you will be served a typical, delicious lunch in the restaurant "El Caiman" which is nicely placed on the riverbank of "Rio Frio".

Departure: 7:30 a.m.

Return: 3:30 p.m.

Included: Transport, naturalist guide, welcome drink and snack, water, entrance fee, and a typical Costa Rican lunch.

What to bring: Light and comfortable clothing, tennis or trekking shoes, sunhat, sun cream, camera and binoculars.

Caño Negro by Canoe



This trip is an inviting variation from the normal Cano Negro day tour. Explore the wildlife refuge by canoe and paddle down the Rio Frio or Rio Los Patos. If you only have one day and want to see a wide range of wildlife, trip is a favorite.

Departure: 6:00 a.m.

Return: 5:00 p.m.

Included: Transport, naturalist guide, typical breakfast and lunch in the restaurant "El Caiman", and entrance fee.

What to bring: Light clothing/shorts, tennis shoes or trekking sandals, sunscreen, a hat, bottled water and especially your binoculars and/or camera.

Lake Arenal by Canoe



Come and enjoy the unique experience of canoeing on Lake Arenal with unbeatable views of the Arenal Volcano and its lush green surroundings.

You will explore various areas of the lake in search of exotic wildlife such as monkeys and beautifully colored tropical birds.

To further enjoy the serenity, you will stop over on a small island where we will serve you some of the fresh tropical fruit of Costa Rica.

Don't leave Arenal without this experience!

Departure: 8:00 a.m.

Return: 12:15 p.m.

Included: Transport, naturalist guide, tropical fruit

What to bring: Light clothing/shorts, tennis shoes or trekking sandals, sunscreen, a hat, bottled water and especially your binoculars and/or camera.

Safari float by Raft



Don't miss this outstanding tour on the quiet waters of Peñas Blancas River on our inflatable rafts.

You will experience a relaxing half day tour, led by our bilingual naturalist guide. An expert in Safari adventures, he will provide a safe environment and point out the beautiful flora and fauna of this region.

Animals like sloths, monkeys, toucans, crocodiles, Jesus Christ Lizards and turtles might cross your way, including seeing the colorful world of tropical birds.

Departures at: 8:00 a.m. and 1:30 p.m.

Return at: 1:00 p.m. and 5:30 p.m.

Included: Transportation, bilingual naturalist guide, fruits or a visit to the Don Pedro farm.

What to bring: Light clothing/shorts, tennis shoes or trekking sandals, sunscreen, a hat, bottled water and especially your binoculars and/or camera.

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Safari by Kayak



This tour is great for experiencing the beautiful flora and fauna native to Costa Rica, while learning basic kayaking techniques, along this great river.

Your tour guide will identify and provide information about many different species of plants and animals.

While you kayak along this slowly flowing river you can observe animals like reptiles, sloths, monkeys and otters and an incredible amount of tropical birds like toucans, herons and kingfishers - all well hidden within the tropical rainforest.

Departures at: 8:00 a.m. and 1:30 p.m.

Return at: 1:00 p.m. and 5:30 p.m.

Included: Transportation, bilingual naturalist guide, and a lunch of tropical fruit.

What to bring: Light clothing/shorts, tennis shoes or trekking sandals, sunscreen, a hat, bottled water and especially your binoculars and/or camera.

Combination Tour



This tour starts with a visit to the Arenal Hanging Bridges for a 3 km hike. Afterwards we will go to the La Fortuna Waterfall where you can swim in an inviting pool at the base of the waterfall. Following that, enjoy lunch in La Fortuna followed by a hike in the Arenal Volcano rainforest which includes a walk to the lava view point. Last, but not least, we will stop at Tabacon Hot Springs to soak in the natural pools and have an enjoyable buffet dinner.

Departure: 7:30 a.m.

Return: 9:30 p.m.

Included: Transportation, entrance fees, naturalist guide, lunch, dinner and drinks.

What to bring: Comfortable clothing, walking shoes, insect repellent, swim suit, towel, camera, binoculars, and a change of clothes and sandals.



Half Day White Water Rafting



Beautiful world-class rafting rivers abound here in Costa Rica. You will see many birds, lots of rainforest wildlife and views of the Arenal Volcano. The Balsa River is ideal for first-time river rafters rated 2 or 3 with rolling rapids to float upon. This is an ideal half-day tour because it is close and you will not spend a lot of time traveling to and from it.

No experience is necessary for this tour, but it is advised that you know how to swim, even though you will be given life jackets to wear. This tour is recommended for ages 7 to 65 whether you are a first-timer or an expert.

Departure: 10:30 a.m.
Return: 3:30 p.m.
Included: Transport, professional, bilingual guides, safety kayaker and lunch
What to bring: Secure shoes, clothes to get wet in and dry clothes to change into.



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Arenal Volcano Tour



Join us on a trail through the rainforest below the Arenal Volcano where you have the possibility of spotting monkeys and a large variety of birds, including toucans and trogons.

We end our walk with a refreshing beverage and a magnificent view of Arenal Volcano, where, with a bit of luck, you can see the flowing lava of Costa Rica's most active volcano.

This stunning experience is followed by a relaxing soak in the nearby hot springs with pools of various water temperatures.

Departures at: 8:00 a.m. - 3:30 p.m.

Return at: 12:00 a.m. - 2:30 p.m. - 9:30 p.m.

Included: Transportation, naturalist guide, entrance fees, beverage and, if desired, entrance fee to the hot springs.

What to bring: Comfortable trekking shoes, comfortable clothing, drinking water, insect repellent, camera and binoculars.

Telefono: (506) 2479-8200 Fax: (506) 2479-8219

E-mail: reservas@canoa-aventura.com Web: www.canoa-aventura.com

Office hours: 6:30am to 9:30pm all week.



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Cerro Chato Hike



We begin this tour with a minibus ride around Arenal Volcano to the "Observatory Lodge Hotel". There we start the steep hike to the summit of "Cerro Chato". On the way we will cross a very compact virgin rainforest. From the summit we will walk down to the green lagoon, an old volcano-crater, where we can swim, take pictures and discover the surroundings. Afterwards, we will visit the La Fortuna waterfall where you can enjoy a refreshing swim.

Departure: 8:00 a.m.

Return: 2:45 p.m.

Included: Transportation, naturalist guide, entrance fees, entrance to the waterfall and a boxed lunch.

What to bring: Comfortable trekking shoes, comfortable clothing, drinking water, insect repellent, camera and binoculars.

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Maquenque Overnight



Stay in a charming lodge and paddle and walk in a remote, virgin, northern rainforest

Experience the natural highlights of one of the most remote lodges and virgin rainforests in the country with over 382 species of birds. This trip includes both paddling and walking, and offers the possibility of seeing the rare Great Green Macaw. **Day one:** Start your trip with a 4 to 5 hour casual morning paddle on Rio Tres Amigos. **Day 2:** Guests can choose between a later start with breakfast on the balcony while watching the antics of toucans, parrots and many other birds OR an early morning start to hike into the virgin rainforest to experience the diversity and splendor of the flora and fauna.

- Departure:** 8:00 a.m.
Return: 5:00 p.m. On day 2
Included: Transportation, naturalist guide, meals, lodging, and entrance fees.
What to bring: Swimsuit, light clothing/shorts, tennis shoes or trekking sandals, sunscreen, a hat, water, binoculars and/or camera.



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Sustainable Safari New!!



Our sustainable safari will take us to see the best landscapes along the forest of Rio Peñas Blanca's Area. On which the great variety of flora and fauna are our main attraction and we will enjoy of the peace and harmony of nature in the north of Costa Rica.

We will have the opportunity to visit the farm of Don Pedro, where we can observe the lifestyle of the Costa Rican farmers and help to protect our forests by planting a tree. In this way to be part of a conscious and sustainable tourism. Our tour ended with a delicious homemade snack.

Departure 8:00 a.m. 1:30 pm

Return: 1:00 p.m. 5:30 pm

Included: Transportation, naturalist guide, equipment, water

Bring: , sandals, hat, suns cream, repellent, cámara.

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ONE DAY TO NICARAGUA! New

Come with us to discover the Maquenque Wildlife Refuge, San Juan River and "El Castillo Fort" in Nicaragua.



Canoa Aventura will take you to enjoy a new destination full of culture and history. We will visit the extensive mixed Wildlife Refuge of Maquenque with its 70,000 hectares of protected areas and the large Indian Corn Reserve in the historic town of El Castillo, Nicaragua.

The tour begins in La Fortuna, heading out for Hotel Maquenque Ecolodge in Boca Tapada, where we will enjoy a delicious breakfast. Then we will board a boat to navigate downstream through San Carlos River and upstream through the thrilling San Juan River, filled with exuberant natural beauty.

Once we arrive at El Castillo we will stop for an appetizing lunch and walk through the city to the main attraction; the fort, and visit the museum, and the other attractions of the city like the torrents.

We will then return to the boat to make our way back through San Juan and San Carlos Rivers to Maquenque Ecolodge, where our driver will be awaiting us to take us back to La Fortuna.

Departure: 6:00 a.m.

Return: 7:00 p.m.

Includes: Transportation, breakfast, Naturalist guide, lunch, water, and El Castillo Museum entrance fee.

What to Bring: Passport, comfortable clothes, tennis shoes or sandals, sun block, hat, binoculars, or camera.

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MAQUENQUE OVERNIGHT AND NICARAGUA.

NEW
NATURAL &
CULTURAL
ATTRACTIO



Canoa Aventura will take you to enjoy a new destination full of culture and history. We will visit the extensive mixed Wildlife Refuge of Maquenque with its 70,000 hectares of protected areas and the large Indian Corn Reserve in the historic town of El Castillo, Nicaragua.

(Day 1)

The tour begins in La Fortuna, heading out for Hotel Maquenque Ecolodge in Boca Tapada, where we will enjoy a delicious breakfast. Then we will board a boat to navigate downstream through San Carlos River and upstream through the thrilling San Juan River, filled with exuberant natural beauty.

Once we arrive at El Castillo we will stop for an appetizing lunch and walk through the city to the main attraction; the fort, and visit the museum, and the other attractions of the city like the torrents.

We will then return to the boat to make our way back through San Juan and San Carlos Rivers to Maquenque Ecolodge where we will stay the night and enjoy the hospitality and tranquility of this uniquely beautiful place.

(Day 2)

Today we will enjoy a typical breakfast and a Rainforest hike, followed by a delicious lunch. We will then return to La Fortuna in the afternoon.

Departure:

6:00 a.m. (Day 1)

Return:

4:00 p.m. (Day 2)

Includes:

Transportation, breakfast, Naturalist guide, lunch, lodging, and El Castillo Museum entrance fee.

What to Bring:

Passport, comfortable clothes, tennis shoes or sandals, sun block, hat, binoculars, or camera.

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ARENAL VOLCANO & NATIONAL PARK New!



This tour offers an unforgettable hiking experience through trails marked with the remains of previous lava flows of the impressive and majestic Arenal Volcano. The main attraction of this national park is of course, the Arenal Volcano with its nearly perfect cone shape, with a height of 1633 meters, and regular eruptions, offering one of the most extraordinary and impacting landscapes of all Costa Rica. The tour will also provide you the opportunity to observe the volcano's activity, pyroclastic emissions, and lava flows.

Along the hike you will discover the abundant flora and fauna which inhabits the rainforest; your guide will explain the surprising history and activity of the Arenal Volcano from 1968 to 1992, and in the present day.

After the hike, you can choose to visit the ever popular hot springs to relax and enjoy the water, which is naturally heated by the volcano.

Departures: 8:00 Am and 2:30 Pm

Return: 12: 00 noon and 9:30 Pm

Includes: Transportation, Naturalist Guide, Arenal Volcano National Park entrance fee, cold drinks (Hot Springs entrance if you desire)

What to bring: Lightweight clothes, comfortable walking shoes, water, insect repellent, binoculars, and camera.